



PORT WINE THEMED WEEKEND BREAK

This trip is intended to give visitors an overview of the region's customs and traditions, gastronomy, art and wine.

We will therefore be visiting some select regions over the two days proposed for this trip, as well as their most famous landmarks.

Our adventure starts with a stop in *Mealhada*, where we will be visiting the winery and tasting the wines of *Quinta da Mata Fidalga* (QMF), known as *Bairrada* wines.

Next we will sample the region's famous suckling pig or "Leitão à Bairrada" served at the restaurant "A Nova Casa dos Leitões", paired with QMF wines.

We continue on our journey with a stop in Oporto; a city that lent its name to Portugal (Portus Cale, later the County of Portucale from where the Kingdom of Portugal was formed). It is world-renowned for the production of Port wine but also part of the Douro demarcated wine region. This region is also famous for its very typical gastronomy.

When we get to Oporto, we will have the opportunity to visit the wine cellars of the "Real Companhia Velha", and try some of the Port wines produced there.

Meanwhile we will have time for some well-deserved rest at the Hotel Ipanema Parque (4 *).

Dinner will be served at the "DOC" Restaurant where Michelin star Chef Rui Paula will dazzle us with a unique culinary experience, including some of his specialities, as well as wine tasting pairings.

After a good night's rest and a hearty breakfast, we will take a guided tour of downtown Porto, Ribeira, Bridge Luis I, Lello Bookstore, Crystal Palace Gardens, the Cathedral, São Bento Station, Avenida dos Aliados (main boulevard), and last but not least, the Clérigos Tower.



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Lunch is at leisure. You can choose from a variety of traditional cuisine; from the famous “Francesinhas” (sandwich made with bread, cured ham, sausage, steak or roast meat, and covered with melted cheese and a hot thick tomato and beer sauce, typically served with French fries) to the “Tripas à Moda do Porto” (a type of bean stew prepared with veal tripe, pig’s head and ear).

The following restaurants are recommended:

- Lado B
- Café Santiago
- Capa Negra II
- Casa Nanda
- A Cozinha do Manel
- O Gaveto

After lunch, we head to the Algarve but will first make another stop at *Almeirim* to taste the famous “Stone Soup”, “Caralhotas” (traditional regional bread), accompanied with cheese and sausages from the region at the Restaurant “O Toucinho”.



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